

Parámetros de diseño para retroalimentar el aprendizaje motor en un ambiente virtual de enseñanza-aprendizaje

Design Parameters for Feedback in Motor Learning in a Virtual Teaching-learning Environment

Parâmetros de elaboração para *feedback* de aprendizado motor em um ambiente virtual de ensino-aprendizagem

Fredy Norley Ramos Villamil¹

1. Universidad La Gran Colombia, Bogotá, Colombia.
framosv@ulagrancolombia.edu.co

Resumen

Este estudio secuencial pretende estructurar parámetros de diseño para la retroalimentación en el proceso de aprendizaje motor en un entorno virtual de enseñanza-aprendizaje. En la primera fase cuantitativa, se hizo un análisis bibliométrico del aprendizaje motor, la retroalimentación y las metodologías para el diseño de ambientes virtuales utilizando el programa vosViewer para crear mapas de coocurrencia. En una línea de tiempo, gracias a estos resultados, se identificó la trayectoria de otras investigaciones relacionadas con nuestro estudio. A partir de los resultados, en la segunda fase cualitativa se clasificaron los diseños de retroalimentación. En la tercera fase, se establecieron los parámetros de diseño necesarios para dar retroalimentación el aprendizaje motor. Y en una cuarta fase, se propuso un entorno virtual de enseñanza-aprendizaje para retroalimentar el proceso de aprendizaje motor.

Palabras Clave: aprendizaje motor; parámetros de diseño; realidad virtual; retroalimentación.

Abstract

The objective of this sequential study is to structure design parameters for feedback in the motor learning process in a virtual teaching-learning environment. A first quantitative phase involved a bibliometric analysis of motor learning, feedback, and the methodologies for the design of virtual environments using the VOSviewer program to create co-occurrence maps. In a timeline, based on these results, we identified the course of other research related to our study. The second qualitative phase, based on the results, classified the feedback designs. In the third phase, the design parameters needed to provide feedback for motor learning were established. In a fourth phase, a virtual teaching-learning environment was proposed to provide feedback on the motor learning process.

Keywords: Motor learning; design parameters; virtual reality; *feedback*.

Resumo

Este estudo sequencial visa estruturar parâmetros de desenho para feedback no processo de aprendizado motor em um ambiente virtual de ensino-aprendizagem. Na primeira fase quantitativa, foi realizada uma análise bibliométrica do aprendizado motor, feedback e metodologias para o desenho de ambientes virtuais, utilizando o software vosViewer para criar mapas de co-ocorrência. Em uma linha do tempo, conseguimos identificar, graças a esses resultados, a rota de outras pesquisas relacionadas ao nosso estudo. Com base nos resultados, a segunda fase qualitativa classificou os desenhos de feedback. Na terceira fase, foram estabelecidos os parâmetros de desenho necessários para oferecer feedback sobre o aprendizado motor. Além disso, em uma quarta fase, foi proposto um ambiente virtual de ensino-aprendizagem para oferecer feedback sobre o processo de aprendizado motor.

Palavras chave: aprendizado motor; parâmetros de desenho; realidade virtual; *feedback*.

Referencias

1. Abrams, G. D.; Harris, A. H.; Andriacchi, T. P.; Safran, M. R. (2014). Biomechanical Analysis of Three Tennis Serve Types Using a Markerless System. *British Journal of Sports Medicine*, 48(4), 339-342. <http://dx.doi.org/10.1136/bjsports-2012-091371>
2. Aguirre, A.; Lozano-Rodero, A.; Matey, L. M.; Villamañe, M.; Ferrero, B. (2014). A Novel Approach to Diagnosing Motor Skills. *IEEE Transactions on Learning Technologies*, 7(4), 304-318. <https://doi.org/10.1109/TLT.2014.2340878>
3. Aguirre, A.; Lozano-Rodero, A.; Villamañe, M.; Ferrero, B.; Matey, L. M. (2012). OLYMPUS: An Intelligent Interactive Learning Platform for Procedural Tasks. In *Proceedings of the International Conference on Computer Graphics Theory and Applications* (pp. 543-550). <https://www.scitepress.org/Link.aspx?doi=10.5220/0003943605430550>
4. Arjona, Ó. A. M. (2015). Aprendizaje motor y realimentación: consideraciones prácticas. *Lúdica Pedagógica*, 1(22), 75-83. <https://doi.org/10.17227/01214128.2842>
5. Auvinet, E.; Multon, F.; Meunier, J. (2015). New Lower-Limb Gait Asymmetry Indices Based on a Depth Camera. *Sensors*, 15(3), 4605-4623. <https://doi.org/10.3390/s150304605>
6. Aznar Díaz, I.; Trujillo Torres, J. M.; Romero Rodríguez, J. M. (2018). Estudio bibliométrico sobre la realidad virtual aplicada a la neurorrehabilitación y su influencia en la literatura científica. *Revista Cubana de Información en Ciencias de la Salud*, 29(2), 1-10. http://scielo.sld.cu/scielo.php?script=sci_arttext&pid=S2307-21132018000200009
7. Baier, G.; Hermann, T.; Stephani, U. (2007). Event-based Sonification of EEG Rhythms in Real Time. *Clinical Neurophysiology*, 118(6), 1377-1386. <https://doi.org/10.1016/j.clinph.2007.01.025>

8. Ballesteros, L. (2017). *Uso pedagógico de las tecnologías de la información y comunicación en escuelas de tiempo completo* [tesis doctoral, Instituto Tecnológico de Sonora].
9. Barahona, J. D. (2020). Retos y oportunidades de la tecnología móvil en la educación física. *Retos*, (37), 763-773. <https://doi.org/10.47197/retos.v37i37.68851>
10. Batalla Flores, A. (2005). *Retroalimentación y aprendizaje motor: influencia de las acciones realizadas de forma previa a la recepción del conocimiento de los resultados en el aprendizaje y la retención de habilidades motrices* [tesis doctoral, Universitat de Barcelona].
11. Baudry, L.; Leroy, D.; Thouwarecq, R.; Chollet, D. (2006). Auditory Concurrent Feedback Benefits on the Circle Performed in Gymnastics. *Journal of Sports Sciences*, 24(2), 149-156. <https://doi.org/10.1080/02640410500130979>
12. Boyd, J.; Godbout, A. (2010). Corrective Sonic Feedback for Speed Skating: A Case Study. *The 16th International Conference on Auditory Display (ICAD-2010)*. Georgia Institute of Technology. <http://pages.cpsc.ucalgary.ca/~boyd/papers/icad10-godbout-boyd.pdf>
13. Boyer, E. (2015). *Continuous Auditory Feedback for Sensorimotor Learning* [doctoral dissertation, Université Pierre et Marie Curie-Paris VI]. <http://hdl.handle.net/20.500.12424/2327498>
14. Caballero, M. O.; de Lima, M. P.; Caballero, A. O. (2017). Aplicación de la realidad virtual. Agente de neurorecuperador psíquico-físico y deportivo. *Revista INFAD de Psicología. International Journal of Developmental and Educational Psychology.*, 4(1), 313-326. <https://doi.org/10.17060/ijodaep.2017.n1.v4.1060>
15. Choi, I.; Culbertson, H.; Miller, M. R.; Olwal, A.; Follmer, S. (2017, October). Grability: A Wearable Haptic Interface for Simulating Weight and Grasping in Virtual Reality. In *Proceedings of the 30th Annual ACM Symposium on User Interface Software and Technology* (pp. 119-130). <https://doi.org/10.1145/3126594.3126599>

16. Choi, I.; Ofek, E.; Benko, H.; Sinclair, M.; Holz, C. (2018, April). Claw: A Multifunctional Handheld Haptic Controller for Grasping, Touching, and Triggering in Virtual Reality. In *Proceedings of the 2018 CHI Conference on Human Factors in Computing Systems* (pp. 1-13). <https://doi.org/10.1145/3173574.3174228>
17. Choquehuayta Palomino, S. Á. (2018). *Modelo pedagógico inteligente con inmersión háptica, basado en el enfoque de aprendizaje de la Programación Neurolingüística* (PNL) [tesis doctoral, Universidad Nacional San Agustín].
<http://repositorio.unsa.edu.pe/handle/UNSA/5638>
18. Culbertson, H.; Kuchenbecker, K. J. (2016). Importance of Matching Physical Friction, Hardness, and Texture in Creating Realistic Haptic Virtual Surfaces. *IEEE Transactions on Haptics*, 10(1), 63-74. <https://doi.org/10.1109/TOH.2016.2598751>
19. Dyer, J.; Stapleton, P.; Rodger, M. W. (2015). Sonification as Concurrent Augmented Feedback for Motor Skill Learning and the Importance of Mapping Design. *The Open Psychology Journal*, 8(3), 1-11. <http://dx.doi.org/10.2174/1874350101508010192>
20. Dyer, J.; Stapleton, P.; Rodger, M. W. (2017). Transposing Musical Skill: Sonification of Movement as Concurrent Augmented Feedback Enhances Learning in a Bimanual Task. *Psychological Research*, 81(4), 850-862. <https://doi.org/10.1007/s00426-016-0775-0>
21. Effenberg, A. O. (2004, January). Using Sonification to Enhance Perception and Reproduction Accuracy of Human Movement Patterns. In *International Workshop on Interactive Sonification* (pp. 1-5).
<https://interactive-sonification.org/files/Effenberg2004-UST.pdf>
22. Eltoukhy, M.; Kelly, A.; Kim, C. Y.; Jun, H. P.; Campbell, R.; Kuenze, C. (2016). Validation of the Microsoft Kinect® Camera System for Measurement of Lower Extremity Jump Landing and Squatting Kinematics. *Sports Biomechanics*, 15(1), 89-102.
<https://doi.org/10.1080/14763141.2015.1123766>

23. Erickson, G. B. (2020). *Sports Vision E-Book: Vision Care for the Enhancement of Sports Performance*. Elsevier Health Sciences.
24. Espinoza Vivanco, M. D. (2013). *Videojuego para la construcción de un modelo mental de un sistema de referencias para personas ciegas* [tesis de maestría, Universidad de Chile]. <https://repositorio.uchile.cl/handle/2250/113647>
25. Fani, S.; Ciotti, S.; Battaglia, E.; Moscatelli, A.; Bianchi, M. (2017). A Wearable Fabric-based Display for Haptic Multi-cue Delivery and Tactile Augmented Reality. *IEEE Transactions on Haptics*, 11(2), 304-316.
<https://doi.org/10.1109/HAPTICS.2016.7463190>
26. Farrow, D.; Reid, M.; Buszard, T.; Kovalchik, S. (2018). Charting the Development of Sport Expertise: Challenges and Opportunities. *International Review of Sport and Exercise Psychology*, 11(1), 238-257. <https://doi.org/10.1080/1750984X.2017.1290817>
27. Ferche, O. M.; Moldoveanu, A.; Moldoveanu, F.; Dascălu, I.; Lupu, R. G.; Bodea, C. N. (2017). Deep Understanding of Augmented Feedback and Associated Cortical Activations, for Efficient Virtual Reality Based Neuromotor Rehabilitation. *Revue Roumaine des Sciences Techniques*, 63(2), 233-239.
<http://www.revue.elth.pub.ro/viewpdf.php?id=763>
28. Fernández Pérez, R. (2020). *Uso de realidad virtual y realidad aumentada para el entrenamiento de actividades físicas* [trabajo de grado, Universidad Complutense de Madrid]. <https://eprints.ucm.es/id/eprint/62954/>
29. Feygin, D.; Keehner, M.; Tendick, R. (2002, March). Haptic Guidance: Experimental Evaluation of a Haptic Training Method for a Perceptual Motor Skill. In *Proceedings 10th Symposium on Haptic Interfaces for Virtual Environment and Teleoperator Systems. HAPTICS 2002* (pp. 40-47). <https://doi.org/10.1109/HAPTIC.2002.998939>

30. Franco Rojas, M. L. (2020). *Desarrollo de una aplicación en realidad virtual para mezcla de sonido espacial* [trabajo de grado, Universidad Pedagógica Nacional de Colombia]. <http://hdl.handle.net/20.500.12209/12766>
31. Françoise, J.; Schnell, N.; Bevilacqua, F. (2013a, October). Gesture-based Control of Physical Modeling Sound Synthesis: A Mapping-by-Demonstration Approach. In *Proceedings of the 21st ACM International Conference on Multimedia* (pp. 447-448). <https://doi.org/10.1145/2502081.2502262>
32. Françoise, J.; Schnell, N.; Bevilacqua, F. (2013b, October). A Multimodal Probabilistic Model for Gesture—based Control of Sound Synthesis. In *Proceedings of the 21st ACM International Conference on Multimedia* (pp. 705-708). <https://doi.org/10.1145/2502081.2502184>
33. Gómez García, G.; Rodríguez Jiménez, C.; Ramos Navas-Parejo, M. (2019). Virtual Reality in Physical Education Area. *Journal of Sport and Health Research*. 11(Supl 1), 177-186. http://www.journalshr.com/papers/Vol%2011_suplemento/JSHR%20V11_supl_01_16.pdf
34. Gonzalvo, F. G.; Alventosa, J. P. M.; Devís, J. D. (2018). Los videojuegos como materiales curriculares: una aproximación a su uso en Educación Física. *Retos*, (34), 305-310. <https://doi.org/10.47197/retos.voi34.63440>
35. Granqvist, A.; Takala, T.; Takatalo, J.; Hämäläinen, P. (2018, October). Exaggeration of Avatar Flexibility in Virtual Reality. In *Proceedings of the 2018 Annual Symposium on Computer-Human Interaction in Play* (pp. 201-209). <https://doi.org/10.1145/3242671.3242694>
36. Guadagnoli, M. A.; Lee, T. D. (2004). Challenge Point: A Framework for Conceptualizing the Effects of Various Practice Conditions in Motor Learning. *Journal of Motor Behavior*, 36(2), 212-224. <https://doi.org/10.3200/JMBR.36.2.212-224>

37. Hachaj, T. (2019). Improving Human Motion Classification by Applying Bagging and Symmetry to PCA-Based Features. *Symmetry*, 11(10), 1264.
<https://doi.org/10.3390/sym11101264>
38. Haith, A. M.; Pakpoor, J.; Krakauer, J. W. (2016). Independence of Movement Preparation and Movement Initiation. *Journal of Neuroscience*, 36(10), 3007-3015.
<https://doi.org/10.1523/JNEUROSCI.3245-15.2016>
39. Helmer, R. J.; Farrow, D.; Lucas, S. R.; Higginson, G. J.; Blanchonette, I. (2010). Can Interactive Textiles Influence a Novice's Throwing Technique? *Procedia Engineering*, 2(2), 2985-2990. <https://doi.org/10.1016/j.proeng.2010.04.099>
40. Horsak, B.; Dlapka, R.; Iber, M.; Gorgas, A. M.; Kiselka, A.; Gradl, C.; Siragy, T.; Doppler, J. (2016). SONIGait: A Wireless Instrumented Insole Device for Real-time Sonification of Gait. *Journal on Multimodal User Interfaces*, 10(3), 195-206.
<https://doi.org/10.1007/s12193-016-0216-9>
41. Hsu, W. C.; Lin, H. C. K.; Lin, Y. H. (2017, May). The Research of Applying Mobile Virtual Reality to Martial Arts Learning System with Flipped Classroom. In *2017 International Conference on Applied System Innovation (ICASI)* (pp. 1568-1571).
<https://doi.org/10.1109/ICASI.2017.7988228>
42. Hülsmann, F. (2019). *Motor Learning in Virtual Reality: From Motion to Augmented Feedback* [doctoral dissertation, Universität Bielefeld].
<https://doi.org/10.4119/unibi/2938354>
43. Hülsmann, F.; Göpfert, J. P.; Hammer, B.; Kopp, S.; Botsch, M. (2018). Classification of Motor Errors to Provide Real-time Feedback for Sports Coaching in Virtual Reality: A Case Study in Squats and Tai Chi Pushes. *Computers & Graphics*, 76, 47-59.
<https://doi.org/10.1016/j.cag.2018.08.003>
44. Hummel, J.; Hermann, T.; Frauenberger, C.; Stockman, T. (2010, April). Interactive Sonification of German Wheel Sports Movement. In R. Bresin; T. Hermann; A. Hunt

- (eds.), *Proceedings of Ison 2010: Human Interaction with Auditory Displays—Proceedings of the Interactive Sonification Workshop* (pp. 17-22).
<https://pub.uni-bielefeld.de/record/2017431>
45. Kim, J.; Gravunder, A.; Park, H. S. (2015). Commercial Motion Sensor Based Low-cost and Convenient Interactive Treadmill. *Sensors*, 15(9), 23667-23683.
<https://doi.org/10.3390/s150923667>
46. Koehler, M. J.; Mishra, P. (2009). What is Technological Pedagogical Content Knowledge? *Contemporary Issues in Technology and Teacher Education*, 9(1), 60-70.
<https://doi.org/10.1177/002205741319300303>
47. Koekoek, J.; Van Hilvoorde, I. (eds.). (2018). *Digital Technology in Physical Education: Global Perspectives*. Routledge.
48. Llinás, R. R. (2003). *El cerebro y el mito del yo: el papel de las neuronas en el pensamiento y el comportamiento humanos*. Editorial Norma.
49. Loke, L.; Larssen, A.; Robertson, T. (2005). Labanotation for Design of Movement-based Interaction. In *Proceedings of the Second Australasian Conference on Interactive Entertainment, 2005* (pp. 113-120). <http://dl.acm.org/citation.cfm?id=1109197>
50. Lozano Rodero, A. (2009). *Metodología de desarrollo de sistemas interactivos inteligentes de ayuda al aprendizaje de tareas procedimentales basados en realidad virtual y mixta* [tesis doctoral, Universidad de Navarra].
<https://hdl.handle.net/10171/27734>
51. Luft, A. R.; Buitrago, M. M. (2005). Stages of Motor Skill Learning. *Molecular Neurobiology*, 32(3), 205-216. <https://doi.org/10.1385/MN:32:3:205>
52. Magill, R. A.; Anderson, D. (2010). *Motor Learning and Control*. McGraw-Hill.
53. Magill, R. A.; Anderson, D. (2013). *Motor Learning and Control: Concepts and Applications*. McGraw-Hill.
54. Meinel, K.; Schnabel, G. (2004). *Teoría del movimiento: motricidad deportiva*. Stadium.

55. Mononen, K. (2007). *The Effects of Augmented Feedback on Motor Skill Learning in Shooting: A Feedback Training Intervention among Inexperienced Rifle Shooters*. University Library of Jyväskylä.
56. Moreno-Guerrero, A. J.; Rodríguez Jiménez, C.; Ramos Navas-Parejo, M.; Sola Reche, J. M. (2020). Interés y motivación del estudiantado de educación secundaria en el uso de aurasma en el aula de Educación Física. *Retos*, 38, 333-340.
<https://doi.org/10.47197/retos.v38i38.76832>
57. Moumdjian, L.; Vervust, T.; Six, J.; Schepers, I.; Lesaffre, M.; Feys, P.; Leman, M. (2020). The Augmented Movement Platform for Embodied Learning (AMPEL): Development and Reliability. *Journal on Multimodal User Interfaces*, 15, 1-7.
<https://doi.org/10.1007/s12193-020-00354-8>
58. Murakami, T.; Person, T.; Fernando, C. L.; Minamizawa, K. (2017, August). Altered Touch: Miniature Haptic Display with Force, Thermal and Tactile Feedback for Augmented Haptics. In *SIGGRAPH '17: Special Interest Group on Computer Graphics and Interactive Techniques Conference Los Angeles California 30 July 2017-3 August 2017* (pp. 1-2). <https://doi.org/10.1145/3084822.3084836>
59. Nakamura, T.; Yamamoto, A. (2016, April). Extension of an Electrostatic Visuo-haptic Display to Provide Softness Sensation. In *2016 IEEE Haptics Symposium (HAPTICS)* (pp. 78-83). <https://doi.org/10.1109/HAPTICS.2016.7463159>
60. Pauletto, S.; Hunt, A. (2006). *The Sonification of EMG Data*. Georgia Institute of Technology.
61. Pauletto, S.; Hunt, A. (2009). Interactive Sonification of Complex Data. *International Journal of Human-Computer Studies*, 67(11), 923-933.
<https://doi.org/10.1016/j.ijhcs.2009.05.006>

62. Pereira, L. G.; Camacho, A. P. H.; de la Rosa, Y. A. (2018). Las herramientas tecnológicas TIC como elemento alternativa para el desarrollo del componente físico. *Retos*, 34, 222-229. <https://doi.org/10.47197/retos.voi34.60044>
63. Petri, K.; Bandow, N.; Masik, S.; Witte, K. (2019). Improvement of Early Recognition of Attacks in Karate Kumite Due to Training in Virtual Reality. *Journal Sport Area*, 4(2), 294-308. [https://doi.org/10.25299/sportarea.2019.vol4\(2\).3370](https://doi.org/10.25299/sportarea.2019.vol4(2).3370)
64. Rauter, G.; Sigrist, R.; Koch, C.; Crivelli, F.; van Raai, M.; Riener, R.; Wolf, P. (2013). Transfer of Complex Skill Learning from Virtual to Real Rowing. *PloS One*, 8(12), e82145. <https://doi.org/10.1371/journal.pone.0082145>
65. Rodger, M. W.; Craig, C. M. (2011). Timing Movements to Interval Durations Specified by Discrete or Continuous Sounds. *Experimental Brain Research*, 214(3), 393-402. <https://doi.org/10.1007/s00221-011-2837-2>
66. Sigrist, R. (2011). Visual and Auditory Augmented Concurrent Feedback in a Complex Motor Task. *Presence*, 20(1), 15-32. https://doi.org/10.1162/pres_a_00032
67. Sigrist, R.; Rauter, G.; Marchal-Crespo, L.; Riener, R.; Wolf, P. (2015). Sonification and Haptic Feedback in Addition to Visual Feedback Enhances Complex Motor Task Learning. *Experimental Brain Research*, 233(3), 909-925. <https://doi.org/10.1007/s00221-014-4167-7>
68. Sigrist, R.; Rauter, G.; Riener, R.; Wolf, P. (2013). Augmented Visual, Auditory, Haptic, and Multimodal Feedback in Motor Learning: A Review. *Psychonomic Bulletin & Review*, 20(1), 21-53. <https://doi.org/10.3758/s13423-012-0333-8>
69. Smith, E. E.; Kosslyn, S. M. (2008). *Procesos cognitivos: modelos y bases neurales*. Pearson Educación.
70. Tadayon, R.; McDaniel, T.; Panchanathan, S. (2017). A Survey of Multimodal Systems and Techniques for Motor Learning. *Journal of Information Processing Systems*, 13(1), 8-25. <https://doi.org/10.3745/JIPS.02.0051>

71. Torres, J. L. F. (2020). La sociedad y la comunicación desde la perspectiva de Manuel Castells de sociedad red. *Sintaxis*, 1(5), 85-102. <https://doi.org/10.36105/stx.2020n5.05>
72. Ungerechts, B. E.; Cesarini, D.; Hamann, M.; Ritter, Y.; Weidner, S.; Haldorn, T.; Hermann, T. (2016). Patterns of Flow Pressure Due to Hand-water-interaction of Skilled Breaststroke Swimmers: A Preliminary Study. *Procedia Engineering*, 147, 330-335. <https://doi.org/10.1016/j.proeng.2016.06.303>
73. Van Breda, E.; Verwulgen, S.; Saeys, W.; Wuyts, K.; Peeters, T.; Truijen, S. (2017). Vibrotactile Feedback as a Tool to Improve Motor Learning and Sports Performance: A Systematic Review. *BMJ Open Sport & Exercise Medicine*, 3(1). <http://dx.doi.org/10.1136/bmjsem-2016-000216>
74. Wang, D.; Ohnishi, K.; Xu, W. (2019). Multimodal Haptic Display for Virtual Reality: A Survey. *IEEE Transactions on Industrial Electronics*, 67(1), 610-623. <https://doi.org/10.1109/TIE.2019.2920602>
75. Whitmire, E.; Benko, H.; Holz, C.; Ofek, E.; Sinclair, M. (2018, April). Haptic Revolver: Touch, Shear, Texture, and Shape Rendering on a Reconfigurable Virtual Reality Controller. In *Proceedings of the 2018 CHI Conference on Human Factors in Computing Systems* (pp. 1-12). <https://doi.org/10.1145/3173574.3173660>
76. Wulf, G.; Lewthwaite, R. (2016). Optimizing Performance through Intrinsic Motivation and Attention for Learning: The Optimal Theory of Motor Learning. *Psychonomic Bulletin & Review*, 23(5), 1382-1414. <https://doi.org/10.3758/s13423-015-0999-9>